

Writing My Story – Adult/Youth Conversion Worksheet

What changes has God helped with in your life (negative to positive)?

<u>From Negative</u>	<u>To Positive</u>	<u>From Negative</u>	<u>To Positive</u>
Worries/Anxiety.....	Inner Peace	Loneliness.....	He's always with me
Guilt/Shame.....	Forgiveness	Addictions/Habits.....	Power to change
Anger/Temper.....	Patience and love	Self-centeredness.....	Love for other people
Emptiness/Lack of Purpose...	Purpose in life	Despair/Depression.....	Hope
Grief.....	Comfort and joy	Cheap thrills.....	Real, lasting happiness
Stress/Burnout.....	Power for living	Boredom with life.....	Adventure with God
Low self-esteem.....	Significance to God	Fear of Death.....	Assurance of heaven
Poor health.....	Strength to keep on	"Something is missing".....	Sense of Fulfillment
Disappointment.....	Trust in God's plan	Bitterness/Resentment....	Freedom from my past
Insecurity.....	Confidence and security	Pain of rejection.....	God's unconditional love
Regrets.....	A second chance at life	Marriage problems.....	Changes in my marriage
Discontent/busy.....	Contentment and peace	Financial Problems.....	Change in my finances
Fears.....	Faith to face my fears	Other Problems.....	Changes in Other

Select one of the changes above for your story.

Part 1 – Describe one negative part of your life *before* you started a relationship with God.

(Start by saying) **"Before I started my relationship with God,** (part 1 of your story goes here ...)

(After explaining the negative, illustrate it with a story out of your life.)

_____”

Part 2 – (Next simply say) **"Then I started my relationship with God."**

Part 3 – Describe the positive change God has caused related to this part of your life.

(Continue by saying) **"Now that I have a relationship with God,** (part 2 of your story goes here ...)

(After explaining the positive, illustrate it with a story out of your life.)

_____”

Part 4 – End by describing that your relationship with God goes on forever.

(Close by saying) **"But the best thing of all, is that I know for sure I will be in Heaven forever with God."**

(Transition by asking permission to ask more questions: **"May I ask you a question?"**

Name _____ Date _____ Phone _____

Writing My Story – Childhood Conversion Worksheet

What challenges has God helped you avoid in your life (negative to positive)?

<u>From Negative</u>	<u>To Positive</u>	<u>From Negative</u>	<u>To Positive</u>
Worries/Anxiety.....	Inner Peace	Loneliness.....	He's always with me
Guilt/Shame.....	Forgiveness	Addictions/Habits.....	Power to change
Anger/Temper.....	Patience and love	Self-centeredness.....	Love for other people
Emptiness/Lack of Purpose...	Purpose in life	Despair/Depression.....	Hope
Grief.....	Comfort and joy	Cheap thrills.....	Real, lasting happiness
Stress/Burnout.....	Power for living	Boredom with life.....	Adventure with God
Low self-esteem.....	Significance to God	Fear of Death.....	Assurance of heaven
Poor health.....	Strength to keep on	"Something is missing".....	Sense of Fulfillment
Disappointment.....	Trust in God's plan	Bitterness/Resentment.....	Freedom from my past
Insecurity.....	Confidence and security	Pain of rejection.....	God's unconditional love
Regrets.....	A second chance at life	Marriage problems.....	Changes in my marriage
Discontent/busy.....	Contentment and peace	Financial Problems.....	Change in my finances
Fears.....	Faith to face my fears	Other Problems.....	Changes in Other

Select one of the challenges above for your story.

Part 1 – Describe one positive effect your relationship with God has in your life.

(Start by saying) **"I'm so glad I have a relationship with God, (part 1 of your story goes here ...)**

(After explaining the positive, illustrate it with a story out of your life.)

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Part 2 – End by expressing that your relationship with God goes on forever.

(Close by saying) **"But the best thing of all, is that I know for sure I will be in Heaven forever with God."**

(Transition by asking permission to ask more questions: **"May I ask you a question?"**)